



Emma Jewel Charter Academy

"Helping the Village Raise the Child"

Volume I Issue 5

November 8, 2013

Principal's Message

Parents,

In order to complete our certification for the National School Lunch Program (NSLP) we are required to update all of our free/reduced lunch applications. Last week we completed all requirements for the NSLP program that included site inspections, menu certifications, and nutritional requirements for each food group. The NSLP provides the funding to ensure our school continues to provide a high quality nutritional breakfast and lunch to each child. We have sent home an updated application with each child. We are requesting that each parent complete the application and return it to the school by Tuesday November 12, 2013. The class that turns in all applications first will win a nutritious fruit popsicle party. Let's see which class wins! Happy Veteran's Day to all our Veterans.

Thomas Cole, M. Ed.
Principal

After School Care

Emma Jewel Charter Academy offers aftercare each afternoon from 3:30 P.M.-6:00 P.M. Activities include homework assistance, reading, writing, art and board games.

Future activities will include a book exchange and music.

The drop in fee per day per child is \$7.00.

Registered student fees are as follows:

- 1 child \$25.00 per week
- 2 children \$40.00 per week
- 3+ children \$45.00 per week

Come and join the fun!

Emma Jewel Charter Academy Heart and Health Pledge

As a dedicated member of the Emma Jewel Charter Academy,

I pledge my commitment to achievement and service.

I pledge to make healthy choices, personally and socially, because I respect myself, other people and my environment.

My choices reflect my character.

I pledge to nurture myself, so that I am capable of nurturing my family, my friends and my community.

By helping others, we help ourselves.

I pledge to value the opportunity to learn, and to respect and support the efforts of my teachers.

Education is the gatekeeper to success.

I pledge to recognize that each day is a new opportunity to better myself, and the world I live in.

This is my choice.

This is my pledge.

Save the Date!

November 9, 2013

Basketball Game
Cocoa YMCA
10:00 A.M. & 11:00 A.M.

November 11, 2013

Veteran's Day
NO SCHOOL

November 12, 2013

Step Team Performance
Cocoa City Council Meeting
Cocoa City Hall
6:00 P.M.

November 14, 2013

Awards Ceremony
6:00 P.M.

November 20, 2013

Student Early Dismissal

November 21, 2013

Parent Hip Hop
Exercise Class
5:30 P.M.

November 25, 2013

Cooking for Busy
Parents Class
3:30 P.M. - 4:15 P.M.

November 27-29 2013




















Thanksgiving Break
NO SCHOOL

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Breakfast

Lunch

<h2>Veteran's Day</h2>	<p>Monday November 11,2013</p>	 <h2>No School</h2>
<p>BREAKFAST BURRITO  Apple-Cranberry Juice Taco Sauce Milk</p>	<p>Tuesday November 12,2013</p>	<p>BEAN & CHEESE BURRITO  Salsa Cup  Whole Kernel Corn  100% Juice Orange Sorbet, Milk</p>
<p>CHEESY EGG POTATO & TURKEY SAUSAGE INCREDI-BOWL Banana Muffin  Fresh Orange, Milk</p>	<p>Wednesday November 13,2013</p>	<p>MEATLOAF W/ TOMATO SAUCE & MASHED POTATOES   Whole Wheat Bread  Diced Peaches, Multigrain Sun Chips,  Milk</p>
<p>WAFFLES  String Cheese Grape Juice, Syrup, Margarine, Milk</p>	<p>Thursday November 14,2013</p>	<p>CHICKEN TENDERS W/ POTATO WEDGES   Maple Baked Beans,  Fresh Orange, BBQ Sauce, Ketchup, Milk</p>
<p>MINI WHEATS LITTLE BITES  Strawberry Yogurt Fresh Apple ½, Milk</p>	<p>Friday November 15,2013</p>	<p>LINGUINI W/ MEATBALLS   Romaine Salad  Fat Free Ranch Dressing Fresh Banana, Snickerdoodle Cookie  Milk</p>

LEGEND:
Vegetable
Sub-Groups

-  Dark Green
-  Whole Grain
-  Legumes
-  Starchy
-  Contains Pork
-  Vegetarian
-  Other



Cooking Classes for Busy Parents



Please join us for the first cooking class at Emma Jewel Charter Academy. You will be introduced to a healthy and delicious meal that won't take all of your precious time in the kitchen.

Date: 11/25/2013 (Monday)

Time: 3:30-4:15 pm

Location: Emma Jewel Charter Academy Cafeteria

Please R.S.V.P. by 11/22/2013
hlazu@emmajewelcharter.com

Heart & Health Award Winners

	K-William Vega
	1st-Aaliyah Madsen
	2nd-Anterious Small
	3rd-Ireonna Carroll
	4th-Se'mya Freeman
	5th-Elijah White
	6th-Alexis Velasquez
	7th- Marianne Vega
	Jewels Class-Kenydrick Anderson

